



# FOOD, FARMING and FLOSSIE

KS 1 PHSE, Geography and Science

<p><b>Learning Objectives During this Day Course pupils should learn:</b></p> <ul style="list-style-type: none"> <li>ü About where their food comes from.</li> <li>ü What makes a healthy lifestyle including the importance of healthy eating.</li> <li>ü To appreciate the role of farming in the local area.</li> <li>ü About the importance of plants to humans.</li> <li>ü To name the parts of a plant.</li> <li>ü About the needs of living things and the difference between living and non-living things.</li> </ul>
<p><b>Pupils will also:</b></p> <ul style="list-style-type: none"> <li>ü Learn safely in a new environment;</li> <li>ü Gain an appreciation of the environment and understand their role in caring for it.</li> </ul>

<p align="center"><b>Day Course Programme</b></p> <p>Where 2 classes are attending the course the introductory session will be common to both. Classes will then separate and sessions A and B will be interchangeable am and pm.</p>
<p><b>Introduction:</b> On arrival a member of CEES staff will welcome your group to the Centre and describe the day's programme and the learning objectives. An illustrated talk will then consider the sources of some of our food, and introduce farming in the local area.</p>
<p><b>Session A:</b> This session will be based at Upware Centre. The children will look at crops growing in nearby fields and will learn about the journey our food makes from farm field to plate. There will be the opportunity to learn about plant life cycles, plant seeds, and consider the conditions that they need in order to grow. There will also be some practical work on the Centre's mini-vegetable plots.</p>
<p><b>Session B:</b> The children will travel by coach to Gable Farm in the nearby village of Reach. During the journey, we will look at crops growing in the fields and any work taking place. At the farm, the children will have the opportunity to meet 'Flossie' sheep and her friends, and find out more about sheep farming with a close look at the animals. Schools registered on Cambridgeshire's "STARZ" programme are able to meet Flossie and talk to her on-line.</p>
<p><b>Plenary:</b> The group will reflect on their day and consider how well the learning objectives have been met.</p>
<p><b>Note:</b> The actual programme may vary depending on number and needs of pupils, length of visit and weather conditions.</p>

<p><b>Adult : Pupil ratios</b></p> <p>For this course CEES' minimum ratio for safety is <b>1 : 5.</b></p> <p>Please divide the class into working groups with an adult in charge of each group. Additional adults may be needed with classes where individual pupils need 1 : 1 support.</p>
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<p align="center"><b>Relevant extracts from CEES risk assessments</b></p> <p align="center">See also separate guidance notes safe and effective day courses</p>	
Hazard	Control measures
Walking along village roads	<ul style="list-style-type: none"> <li>• Pupils are instructed to walk in single file or not more than two abreast.</li> <li>• Group leader walks ahead of pupils with one adult at rear and others walking with their group.</li> <li>• Group walks on footpath if possible, otherwise on safer side of road, normally on right to face oncoming traffic.</li> <li>• When walking and working in small groups, pupils are instructed to stay close to their supervisory adult.</li> </ul>
Unfamiliar countryside surroundings	<ul style="list-style-type: none"> <li>• Adults supervise directly, for example, walking beside the group and regularly checking that all are present.</li> <li>• Pupils are made aware of safe standards of behaviour.</li> </ul>
Working with soil, plants, and animals on horticultural plots and farms.	<ul style="list-style-type: none"> <li>• Protective gloves or plasters are provided for pupils with open cuts or skin allergies.</li> <li>• Activities are closely supervised by adults.</li> <li>• Soil samples are taken only from known clean sites.</li> <li>• Pupils are instructed not to pick up tools, or climb on walls, animal pens or machinery.</li> <li>• Pupils are instructed to wash hands after the activity, and group leaders are asked to supervise washing.</li> <li>• Pupils are instructed not to eat anything until hands have been thoroughly washed.</li> </ul>
Farm animals	<ul style="list-style-type: none"> <li>• When crossing fields containing animals, pupils are warned to be quiet and calm, and not to approach animals or offer their hands.</li> <li>• Pupils are instructed to wash hands thoroughly at the end of the activity following any contact with animals.</li> <li>• Women who are or may be pregnant are advised not to enter fields containing sheep.</li> </ul>
Walking beside water	<ul style="list-style-type: none"> <li>• Pupils and adults are made aware of safe standards of behaviour when walking beside water.</li> <li>• CEES staff carry a lifeline in addition to standard safety equipment.</li> </ul>

**Please arrange for your coach to be available during the day to transport the class between Upware Centre and Gable Farm, which is in the village of Reach, a journey of about 4 miles.**

**You will need to make this clear when you make your booking with the coach company.**